Self Evaluation Essay

It is only through an in-depth self-analysis that we can hope to grow as a speaker. Answer the following questions honestly and completely.

This must be a typed (double-spaced), five-paragraph essay, minimum 500 words (include word count). A strong essay includes a developed introduction with a hook and thesis; body with at three developed main ideas; a strong conclusion that reviews main ideas and offers closure; strong grammar, sentence structure; and evidence of proofreading/editing.

Your response must incorporate answers to the following questions:

1. Discuss three strengths of your speech. What did you do well? How did each of these strengths contribute to the success of your speech?

2. Discuss three areas you need to improve upon when giving a speech. Why were these areas weaknesses for you? Develop a strategy to improve upon each of these areas of concern. Avoid trite answers such as “practice more” or “relax.” What goals will you set for your next speech so you can continue to improve?

3. Did you feel nervous or anxious for your speech? If so, how did you handle those nerves? What specific strategies did you use? If you were not nervous, discuss why you think you were not.